



**The British  
Psychological Society**  
East Midlands Branch



BPS East Midlands Branch

# **Psychology presence in the Midlands 2017**

**Programme**

**University of Derby**

Wednesday 13 September 2017

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## Registration

Registration will be open from 9.30am in the foyer of the Enterprise Centre.

## Presentations

All presentations will take place in room G11.

## Posters

Poster presentations will be available all day in room G14 which is on the ground floor of the Enterprise Centre.

## Breaks and lunch

Breaks and lunch will take place outside of rooms G11 and G14. The BPS East Midlands Branch Annual General Meeting will be held in room G11 at 1.30pm.

## Social media

The twitter hashtag for this conference is #BPSEM; please think of using this hashtag when sharing your insights, experiences and photographs of the day.

## Travel

The train station is a 15-minute walk from the Enterprise Centre or you can catch the number 6 bus which stops right outside the centre. Alternatively, if you would like to order a taxi please do let the Enterprise Centre staff know.

## Social event

Please join us at 67 Bridge Street for drinks and coffee after the conference. This is a University of Derby student run café and bar next door to the Enterprise Centre and we would be delighted if you could join us there for further networking and socialising.

Dear delegates,

Welcome to the inaugural British Psychological Society East Midlands Branch Conference. This conference aims to promote and recognise the wide range of psychology disciplines including the teaching, research, and practical elements contributing to each field. To celebrate the diversity of psychology in the region, the conference theme is 'Psychology Presence in the Midlands'. We are pleased to welcome Professor Belinda Winder and Professor David Sheffield as our keynote presenters. The East Midlands Branch currently represents members of the BPS living or working in Lincoln, Nottingham, Derby, Leicester, Northampton and Milton Keynes. However, we are also pleased to welcome psychologists, trainees and students, and the general public from and beyond the East Midlands region to join us on a day which aims to celebrate the diversity of psychology in the area.

We hope you enjoy your day with us,

Best Wishes

Dr Jane Callaghan  
BPS East Midlands Branch Interim Chair

*And*

Dr Sophie Williams and Dr Gulcan Garip  
BPS East Midlands Branch Conference Committee

10.00

## Keynote speaker, Professor David Sheffield



After completing a PhD in Psychology at Glasgow Caledonian University, I worked in three cardiology departments in the south east of USA as a researcher for six years. This work focused on healthy individuals and cardiac patients' responses to psychological stress. On returning to the UK in 2001, I worked

at Staffordshire University where I helped to develop and lead the Professional Doctorate in Health Psychology. I joined the University of Derby in 2010 as a Professor of Psychology and Associate Head of the Centre for Psychological Research.

<https://www.derby.ac.uk/staff/david-sheffield/>

Twitter @dave\_shef

## Keynote speaker, Professor Belinda Winder



Belinda Winder is a Professor in Forensic Psychology and Head of the Sexual Offences, Crime and Misconduct Research Unit, in the Department of Psychology at Nottingham Trent University.

She is part-based at HMP Whatton, one of Europe's largest sex offender prisons, and works closely with the senior management, and psychology and healthcare departments there and at HMP Stafford to conduct mixed method research and evaluations that make a significant and practical contribution to our understanding of sexual crime. Projects include the national evaluation of medication to manage sexual arousal and the national evaluation of Circles of Support and Accountability. Belinda is also a trustee and co-founder of the Safer Living Foundation, a charity set up to promote the rehabilitation of individuals who have committed sexual offences and the prevention of further victims of sexual crime.

<https://www.ntu.ac.uk/staff-profiles/social-sciences/belinda-winder>

Twitter: @belinda\_winder

<b>Wednesday 13 September 2017</b>	
09.30	Registration
Room	G11
09.50	Welcome address
10.00	<b>Keynote speaker</b> Professor David Sheffield <i>University of Derby</i>
10.45	<b>A study into the predictors of eating disorders: Difficulties in emotion regulation, self-criticism, perfectionism and fears of compassion, using a mediation-moderation analysis</b> Bryony S. Dale and Rosalyn M. Collings <i>University of Northampton</i>
11.00	<b>An exploration into the counselling experiences of university students with Autism Spectrum Conditions: Implications for psychologists</b> Nicky Toor <i>University of Manchester</i>
11.15	<b>'Understanding Autism, Asperger's &amp; ADHD': Impact of a psychology MOOC</b> Simon Bignell <i>University of Derby</i>
11.30	Break
11.45	<b>Investigating the effect of exercise, cognitive and dual-task interventions upon cognitive function in type 2 diabetes mellitus: A systematic review and meta-analysis</b> Samuel Cooke <sup>1</sup> , Arwel Jones <sup>1</sup> , Chris Bridle <sup>1</sup> , Mark Smith <sup>3</sup> , Kyla Pennington <sup>1,2</sup> and Ffion Curtis <sup>1</sup> <sup>1</sup> <i>Lincoln Institute for Health, University of Lincoln</i> <sup>2</sup> <i>School of Psychology, University of Lincoln</i> <sup>3</sup> <i>School of Sport and Exercise Science, University of Lincoln</i>
12.00	<b>The mediating impact of alexithymia, self-compassion and self-criticism in the child abuse and NSSI relationship</b> Siobhan N. Horgan and Rosalyn M. Collings <i>University of Northampton</i>

Room	G11
12.15	<b>Interventions to reduce sickness absence within a healthcare population: A systematic review</b> Laura Simmons, Christopher Bridle and Niro Siriwardena <i>University of Lincoln</i>
12.30	<b>What are the patient reported facilitators and barriers to physical activity following pulmonary rehabilitation in chronic obstructive pulmonary disease (COPD)? A systematic review of qualitative research</b> Hayley Robinson <sup>1</sup> , Veronika Williams <sup>2</sup> , Christopher Bridle <sup>1</sup> and Arwel W Jones <sup>1</sup> <i><sup>1</sup>University of Lincoln, <sup>2</sup>University of Oxford</i>
12.45	Networking and Lunch [BPS East Midlands Branch AGM 1.30pm]
14.00	<b>Keynote speaker</b> Professor Belinda Winder <i>Nottingham Trent University</i>
15.00	<b>Exposure to intergroup conspiracy theories promotes generalised prejudice</b> Daniel Jolley, Rose Meleady and Karen Douglas <i>Staffordshire University</i>
15.15	<b>The negotiation of feminine positioning's as a tattooed woman</b> Charlotte Dann, Jane Callaghan and Evangelia Prokopiou <i>University of Northampton</i>
15.30	<b>"I'll tell you the truth, I'm not wealthy at all": Using discursive Psychology to explore talk about family wealth by the children of the super-rich</b> Philippa Carr, Simon Goodman and Adam Jowett <i>Coventry University</i>
15.45	Break
16.00	Meet the keynotes
16:30	Award presentation
16:45	Networking event at 67 Bridge Street, DE1 3LD

**Attention and arousal regulation: Comparison between clinical and subclinical traits of Attention Deficit Hyperactivity Disorder (ADHD) and Autism Spectrum Disorder (ASD)**

Alessio Bellato, Iti Arora, Chris Hollis, Danielle Ropar and Maddie Groom

*University of Nottingham*

**Understanding speech: Variability in the benefits obtained from visual speech information when the audio intelligibility of the talker varies**

Catherine L. Blackburn

*Nottingham Trent University*

**“I became a stats mentor because I know how daunting research methods and statistics can be”. Evaluating the stats mentor programme**

Rosalyn M. Collings, Kimberley Hill and Natalie Azoulay

*University of Northampton*

**Impact of the paws b mindfulness programme on children’s resilience and affect**

Mary T.A. Doran and Rosalyn M. Collings

*University of Northampton*

**A study into the predictors of eating disorders: Difficulties in emotion regulation, self-criticism, perfectionism and fears of compassion, using a mediation-moderation analysis**

Bryony S. Dale and Rosalyn M. Collings

*University of Northampton*

**The DSM-5 alternative model for personality disorders; Assessing the psychometric properties of two screening instruments (SIPP-SF and PID-5-BF) in a UK, male sample**

Jackie Hamilton, Belinda Winder, Nicholas Blagden, Jason Pandya-Wood and Kerensa Hocken

*Nottingham Trent University*

**Dementia care and kinship**

Elizabeth Peel

*Loughborough University*



**Belief in conspiracy theories and white collar crime behaviours**

Tanya Schrader, Daniel Jolley, Karen Douglas and Ana Leite  
*Staffordshire University*

**The effects of increased motor load on auditory perception in real life settings using mobile EEG**

Charlotte Scott, Nicola Johnstone and Annette Sterr  
*Loughborough University*

**Managing type 1 diabetes: A qualitative study of young adults' experiences**

Michael Swift and Anatoli Karypidou  
*Newman University*

**Bigram frequency and diversity: Two alternative measures of language processing**

Russell Turk, Gary Jones, Duncan Guest and Angela Young  
*Nottingham Trent University*

**Experiences and understanding of Dementia among prison staff and prisoners**

Luke Vinter, Gayle Dillon and Belinda Winder  
*Nottingham Trent University*

**Making the invisible motorbike visible; An investigation into reducing look but fail to see errors at junctions**

James Wakefield  
*Nottingham Trent University*

**The psychology behind the EU Referendum; It's about who you are (not just where you come from)**

Tara Walker  
*Nottingham Trent University*

# Notes

## How to find the Enterprise Centre

### From Nottingham or M1 Junction 25

- Take the A52 dual carriageway to Derby City Centre.
- Approaching the first roundabout (Pentagon Island) stay in middle lane and continue straight on.
- Follow signs for Matlock A6.
- At first traffic lights opposite Jurys Inn Hotel go straight on.
- At third set of lights turn left into Bridge Street.
- The Enterprise Centre is located on the right hand side before St John the Evangelist Church.

### From Ashbourne / A52

- Follow Ashbourne Road to Derby City Centre.
- At Markeaton Island take the second exit (straight on) onto Ashbourne Road (A52).
- Turn left at second set of lights (one way system) into Bridge Street.
- At sharp right bend (at St John the Evangelist Church), go straight on rather than following one way system to the right.
- The Enterprise Centre is located on the left hand side.

### From Burton on Trent / A38

- Follow A38 towards Derby.
- At Markeaton Island take the third exit onto Ashbourne Road (A52).
- Turn left at second set of lights (one way system) into Bridge Street.
- At sharp right bend (at St John the Evangelist Church), go straight on rather than following one way system to the right.
- The Enterprise Centre is located on the left hand side.



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